

CIS SECONDARY ATHLETICS CHAMPIONSHIPS 2025 - 23/09/2025

SOPAC

Performance List

Event 1 Girls 12 Year Olds 80 Meter Hurdles

Name	Age	Team	Seed Time
---	No entries for this event		

Event 2 Boys 12 Year Olds 80 Meter Hurdles (2)

Name	Age	Team	Seed Time
1	Chong, Jeffrey	12 McDonald Col	14.21
2	Ohunayo, Kitan	12 Penrith AC	15.26

Event 3 Girls 13 Year Olds 80 Meter Hurdles (2)

Name	Age	Team	Seed Time
1	Roessler, Lotte	13 Pittwater	13.69
2	Baker, Brooklyn	13 Arndell	18.58

Event 4 Boys 13 Year Olds 90 Meter Hurdles (1)

Name	Age	Team	Seed Time
1	Astin-Briggs, Joshua	13 Nowra AC	16.02

Event 5 Girls 14 Year Olds 90 Meter Hurdles (3)

Name	Age	Team	Seed Time
1	Oliver, Lila	14 Northholm	13.60
2	Blatch, Abby	14 Manning Valley	16.54
3	Grant, Matilda	14 Arden	17.31

Event 6 Girls 15 Year Olds 90 Meter Hurdles (1)

Name	Age	Team	Seed Time
1	Paki, Summer	15 Arndell	17.43

Event 7 Girls 16 Year Olds 100 Meter Hurdles

Name	Age	Team	Seed Time
---	No entries for this event		

Event 8 Girls 17 Year Olds 100 Meter Hurdles

Name	Age	Team	Seed Time
---	No entries for this event		

Event 9 Boys 14 Year Olds 100 Meter Hurdles (2)

Name	Age	Team	Seed Time
1	Dobson, Roman	14 Pittwater	16.82
2	Donald, Max	14 St. Lukes GS	20.62

Event 10 Boys 15 Year Olds 100 Meter Hurdles (2)

Name	Age	Team	Seed Time
1	Willmington, Jaxson	15 Penrith AC	15.76
2	Penton, Ryan	15 Spcc Cessnock	16.85

Event 11 Girls 18-19 100 Meter Hurdles

Name	Age	Team	Seed Time
---	No entries for this event		

Event 12 Boys 16-19 110 Meter Hurdles (2)

Name	Age	Team	Seed Time
1	Kelly, Jack	16 Calrossy	16.86
2	Lill, Isaac	16 St. Lukes GS	16.88

Event 13 Boys 17 Year Olds 110 Meter Hurdles

Name	Age	Team	Seed Time
---	No entries for this event		

Event 14 Boys 18-19 110 Meter Hurdles (2)

Name	Age	Team	Seed Time
1	Boccaletti, Marco	18 Hills Adv	15.59
2	Brown, Leo	18 Pittwater	NT

Event 15 Boys 12-14 3000 Meter (3)

Name	Age	Team	Seed Time
1	West, Zachary	13 Bishop Tyrrell	9:55.59
2	Wegener, Isaac	14 Hills Adv	10:03.41
3	Fletcher, Liam	14 Manning Valley	10:23.65

Event 16 Boys 15-19 3000 Meter (2)

Name	Age	Team	Seed Time
1	Lake, Aston	16 Reddam House	9:09.79
2	Lorentz, Logan	15 Central Coast Ad	9:26.22

Event 17 Boys 17-19 3000 Meter (3)

Name	Age	Team	Seed Time
1	Persen, Joshua	17 Broughton AC	8:59.69
2	Syme, Luke	17 Avondale	9:29.87
3	Pakula, Eli	17 Broughton AC	9:43.33

Event 18 Girls 12-14 3000 Meter (3)

Name	Age	Team	Seed Time
1	Tague, Alexis	14 St. Lukes GS	9:58.99
2	Prime, Savannah	13 Rouse Hill	11:03.17
3	Corbett, Jasmine	13 The llawarra GS	11:08.77

Event 19 Girls 15-19 3000 Meter (3)

Name	Age	Team	Seed Time
1	McCourt, Kiara	16 Spcc Newcastle	11:30.44
2	Grima, Larissa	16 Macarthur AS	11:44.65
3	Scott-Rogers, Charlie	15 William Clarke	12:06.53

Event 20 Girls 17-19 3000 Meter (2)

Name	Age	Team	Seed Time
1	Clarke, Sonya	17 William Clarke	12:05.11
2	Elsworth, Grace	18 Avondale	19:46.36

Event 21 Girls 12 Year Olds High SH 1.20m (3)

Name	Age	Team	Seed Mark
1	Lagan, Evie	12 CC Sports Colleg	1.38m
2	Kasprowicz, Billie	12 Pittwater	1.25m
3	Subedi, Kiara	12 Marsden Park	1.25m

Event 22 Girls 15 Year Olds High SH 1.30m (3)

Name	Age	Team	Seed Mark
1	Chalmers, Kyah	15 Lakes GS	1.52m
2	Paki, Summer	15 Arndell	1.52m
3	Hall, Cheyannah (Shy)	15 Wollondilly AC	1.49m

Event 23 Girls 17 Year Olds Shot 3kg (3)

Name	Age	Team	Seed Mark
1	Brice, Amelia	17 William Clarke	11.42m
2	Harland, Camryn	17 Georges River Gr	10.96m
3	Hancock, Alice	17 St. Lukes GS	10.71m

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Event 24 Boys 17 Year Olds Shot 5kg (3)

	Name	Age	Team	Seed Mark
1	O'Shannessy, Connor	17	Penrith AC	11.73m
2	Billingsley, Justin	17	Northholm	11.64m
3	Agbola, Senyo	17	Spcc Newcastle	11.20m

Event 25 Boys 14 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Liew, Michael	14	Calrossy	5.35m
2	Ritchie, Caleb	14	Penrith AC	5.17m
3	Heffernan, Callan	14	Nowra AC	5.12m

Event 26 Boys 15 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Shields, Tobias	15	Spcc Cessnock	5.54m
2	Lopez Fisher, Mateo	15	Reddam House	5.52m
3	Webster, Ryan	15	Thomas Hassall A	5.38m

Event 27 Boys 16 Year Olds Discus 1.5kg CA (3)

	Name	Age	Team	Seed Mark
1	Bronger, Zain	16	Amity Colleg	34.75m
2	Duncan, Caison	16	Macquarie Anglic	31.71m
3	Johnston, Selby	16	St Peters B	29.21m

Event 28 Boys 13 Year Olds Discus 1kg CA (3)

	Name	Age	Team	Seed Mark
1	Hardy, Daniel	13	International	30.80m
2	Cook, Oliver	13	Thomas Hassall A	30.61m
3	Cormick, Lachlan	13	St Peters B	28.47m

Event 29 Girls 18-19 Jav 600gms (2)

	Name	Age	Team	Seed Mark
1	Manwarring, Dempsey	18	Scone GS	28.72m
2	Wotton, Sienna	18	Rouse Hill	19.59m

Event 30 Girls 12+ Long Jump Para Athlete (2)

	Name	Age	Team	Seed Mark
1	Linsley Tf20, Ellie	15	Shellharbour Ang	3.59m
2	Mildwater Tf38, Holly	13	St. Lukes GS	2.84m

Event 31 Boys 12+ Long Jump Para Athlete (3)

	Name	Age	Team	Seed Mark
1	Evans Tf13, Alexander	16	Arden	3.81m
2	Kasprzak Tf37, Hugo	13	Hills Grammar	2.49m
3	Zinsli T/F43, Benjamin	16	Spcc Gosford	1.88m

Event 32 Girls 13 Year Olds Discus 1kg CA (3)

	Name	Age	Team	Seed Mark
1	Munkman, Emily	13	Central Coast Ad	29.21m
2	Potter, Jessie	13	Manning Valley	24.36m
3	Kumar, Kaya	13	Arndell	18.97m

Event 33 Girls 16 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Hewitt, Maiya	16	Shellharbour Ang	5.61m
2	Waerea, Gabby	16	Newcastle Gramm	4.99m
3	Denley, Emma	16	The llawarra GS	4.88m

Event 34 Girls 17 Year Olds Triple (1)

	Name	Age	Team	Seed Mark
1	McKensey, Annabel	17	Newcastle Gramm	9.28m

Event 35 Boys 16 Year Olds Triple (2)

	Name	Age	Team	Seed Mark
1	Noonan, William	16	Newcastle Gramm	12.58m
2	Grant, Dean	16	Rouse Hill	10.85m

Event 36 Boys 13 Year Olds Shot 3kg (3)

	Name	Age	Team	Seed Mark
1	Cook, Oliver	13	Thomas Hassall A	12.96m
2	Chen, Yiming	13	Hills Grammar	11.74m
3	Issa, Zachariah	13	Georges River Gr	11.02m

Event 37 Boys 12 Year Olds Shot 3kg (3)

	Name	Age	Team	Seed Mark
1	Auzner, Samuel	12	William Clarke	8.24m
2	Hansen, Hendrix	12	Pittwater	8.14m
3	Hou, Xinyi	12	Northholm	7.94m

Event 38 Boys 12+ Shot Para Athlete (3)

	Name	Age	Team	Seed Mark
1	Kasprzak Tf37, Hugo	13	Hills Grammar	7.25m
2	Evans Tf13, Alexander	16	Arden	6.08m
3	Zinsli T/F43, Benjamin	16	Spcc Gosford	4.55m

Event 39 Boys 15 Year Olds High SH 1.50m (3)

	Name	Age	Team	Seed Mark
1	Lopez Fisher, Mateo	15	Reddam House	1.80m
2	Alfano, Stephen	15	Nowra AC	1.80m
3	Willmington, Jaxson	15	Penrith AC	1.74m

Event 40 Boys 18-19 High SH 1.70m (3)

	Name	Age	Team	Seed Mark
1	Schippers, Peter	18	Shellharbour Ang	1.90m
2	Unwin, Asher	18	Heritage Syd	1.79m
3	Cansdale, Braeden	18	William Clarke	1.79m

Event 41 Boys 14 Year Olds Jav 700gms (3)

	Name	Age	Team	Seed Mark
1	Bharati, Aryan	14	Rouse Hill	41.11m
2	Ritchie, Caleb	14	Penrith AC	37.11m
3	Serfontein, Max	14	The llawarra GS	32.77m

Event 42 Girls 12 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Wright, Grace	12	St. Lukes GS	28.44
2	Ram, Asha	12	Thomas Hassall A	29.20
3	Purdy, Scarlett	12	Pittwater	29.66

Event 43 Girls 13 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Barnes, Elara	13	Spcc Port Stephe	26.16
2	Pickup, Valerie	13	Pittwater	26.58
3	Perry, Emily	13	Macarthur AS	27.39

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Event 44 Girls 14 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Chukwudi, Divine	14	Thomas Hassall A	25.34
2	Oliver, Lila	14	Northholm	26.64
3	Loring, Olivia	14	William Clarke	27.39

Event 45 Girls 15 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Tai, Madeleine	15	Orange Anglican	26.95
2	Patmore, Sarah	15	Newcastle Gramm	26.97
3	Paige, Mennie	15	Scone GS	27.38

Event 46 Girls 16 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Hill, Alice	16	Newcastle Gramm	24.69
2	Hewitt, Maiya	16	Shellharbour Ang	25.31
3	Cowper, Flynn	16	Rouse Hill	27.17

Event 47 Girls 17 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Puri, Isla	17	Penrith AC	26.53
2	Cookman, Leah	17	Newcastle Gramm	27.88
3	McKensey, Annabel	17	Newcastle Gramm	28.13

Event 48 Girls 18-19 200 Meter (2)

	Name	Age	Team	Seed Time
1	Hewitt, Ella	18	Shellharbour Ang	26.09
2	Madden Khan, Maia	18	CC Sports Colleg	26.41

Event 49 Girls 12-19 200 Meter Para Athlete (3)

	Name	Age	Team	Seed Time
1	Linsley Tf20, Ellie	15	Shellharbour Ang	30.63
2	Peet Tf36, Abbie	17	Calrossy	33.67
3	Mildwater Tf38, Holly	13	St. Lukes GS	40.83

Event 50 Boys 12-19 200 Meter Para Athlete (2)

	Name	Age	Team	Seed Time
1	Evans Tf13, Alexander	16	Arden	29.01
2	Woodfull Tf36, Lachlan	18	Bishop Tyrrell	34.39

Event 51 Boys 12 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Bhandari, Safal	12	Marsden Park	27.59
2	McNamara, Blaize	12	St Peters B	28.64
3	Kadiri, Mueez	12	Unity Gramma	28.68

Event 52 Boys 13 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Issa, Zachariah	13	Georges River Gr	24.78
2	Carey, Ted	13	Macquarie Anglic	25.66
3	Rendell, Nash	13	Shellharbour Ang	25.87

Event 53 Boys 14 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Gadou, Mohamad	14	Amity Colleg	23.01
2	Bailey, Zac	14	Calrossy	23.21
3	Hammond, Timothy	14	Penrith AC	24.06

Event 54 Boys 15 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Speechly, Josh	15	Spcc Cessnock	24.07
2	Glanville, Harvey	15	Pittwater	24.19
3	Winter, Luke	15	Rouse Hill	24.50

Event 55 Boys 16 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Lewis, Caleb	16	Central Coast Ad	22.52
2	Longhurst, Jamie	16	Arndell	23.91
3	Chriss, Ethan	16	St. Lukes GS	24.15

Event 56 Boys 17 Year Olds 200 Meter (3)

	Name	Age	Team	Seed Time
1	Hughes, Max	17	Goal College	23.43
2	Agbola, Senyo	17	Spcc Newcastle	23.54
3	Kumar, Rithvik	17	Redeemer Baptist	23.72

Event 57 Boys 18-19 200 Meter (2)

	Name	Age	Team	Seed Time
1	Osborn, Levi	18	CC Sports Colleg	23.27
2	Smith, Denny	18	Arndell	23.94

Event 58 Girls 13 Year Olds Shot 3kg (3)

	Name	Age	Team	Seed Mark
1	Cooney, Bella	13	Wollondilly AC	10.38m
2	Kumar, Kaya	13	Arndell	10.31m
3	Manuofetoa, Mele	13	Pittwater	9.75m

Event 59 Girls 14 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Loring, Olivia	14	William Clarke	5.10m
2	Cadman-Wehner, Martha	14	St Peters B	4.63m
3	Stanford, Abigail	14	Penrith AC	4.42m

Event 60 Boys 15 Year Olds Triple (3)

	Name	Age	Team	Seed Mark
1	Lopez Fisher, Mateo	15	Reddam House	12.29m
2	Willmington, Jaxson	15	Penrith AC	11.68m
3	Shields, Tobias	15	Spcc Cessnock	11.51m

Event 61 Girls 18-19 Triple (2)

	Name	Age	Team	Seed Mark
1	Katz, Demi	18	Reddam House	10.93m
2	Folagbade, Oluwatoyosi	18	William Clarke	9.73m

Event 62 Girls 16 Year Olds Jav 500gms (3)

	Name	Age	Team	Seed Mark
1	Sullivan, Jaylah	16	Macarthur AS	34.42m
2	Thompson, Emma	16	Macquarie Anglic	27.34m
3	Millhouse, Eden	16	William Clarke	26.20m

Event 63 Boys 18-19 Discus 1.75kg (3)

	Name	Age	Team	Seed Mark
1	Soden, William	18	Spcc Cessnock	37.96m
2	Ohunayo, Obani	18	Redeemer Baptist	28.72m
3	Rahman, Hamza	18	Unity Gramma	23.40m

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Performance List

Event 64 Girls 12 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Dziubinski, Annie	12	Nowra AC	2:31.89
2	Marshall, Hayley	12	Pittwater	2:32.84
3	Purdy, Scarlett	12	Pittwater	2:33.32

Event 65 Girls 13 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Pickup, Valerie	13	Pittwater	2:19.82
2	Prime, Savannah	13	Rouse Hill	2:23.34
3	Mansell, Ashleigh	13	Northholm	2:27.79

Event 66 Girls 14 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Cooney, Drew	14	Wollondilly AC	2:15.28
2	Tague, Alexis	14	St. Lukes GS	2:23.20
3	Crawford, Lana	14	Nowra AC	2:23.60

Event 67 Girls 15 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Bennett, Aliyah	15	William Clarke	2:18.85
2	Jurd, Lucy	15	Orange Anglican	2:20.66
3	Vermey, Matilda	15	The Ilawarra GS	2:29.96

Event 68 Girls 16 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Guillergan, Mia	16	Reddam House No	2:22.63
2	Evans, Isabella	16	Wollondilly AC	2:29.01
3	Loring, Jessica	16	William Clarke	2:38.08

Event 69 Girls 17 Year Olds 800 Meter (2)

	Name	Age	Team	Seed Time
1	Jurd, Milla	17	Orange Anglican	2:34.27
2	Siau, Olivia	17	Tangara	2:41.87

Event 70 Girls 18+ 800 Meter (3)

	Name	Age	Team	Seed Time
1	Norden, Lilah	18	Shellharbour Ang	2:45.92
2	Fry, Rachel	18	Arden	3:09.48
3	Patrick, Malana	18	Avondale	3:11.73

Event 71 Mixed 12-19 800 Meter Para Athlete (2)

	Name	Age	Team	Seed Time
1	Woodfull Tf36, Lachlan	M18	Bishop Tyrrell	3:01.79
2	Mildwater Tf38, Holly	W13	St. Lukes GS	5:03.64

Event 72 Boys 12 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Lagoke, Emilayo	12	Broughton AC	5.08m
2	Lyons, Theo	12	Newcastle Gramm	4.35m
3	Chong, Jeffrey	12	McDonald Col	4.30m

Event 73 Boys 18-19 Long Jump (3)

	Name	Age	Team	Seed Mark
1	Soden, William	18	Spcc Cessnock	6.65m
2	Lewis, Cooper	18	Rouse Hill	5.80m
3	Boccaletti, Marco	18	Hills Adv	5.62m

Event 74 Boys 14 Year Olds Discus 1kg (3)

	Name	Age	Team	Seed Mark
1	Bharati, Aryan	14	Rouse Hill	43.85m
2	Bronger, Noah	14	Amity Colleg	38.76m
3	O'Dowd, Tristin	14	Heritage Syd	36.53m

Event 75 Boys 15 Year Olds Jav 700gms (3)

	Name	Age	Team	Seed Mark
1	Billingsley, Blake	15	Northholm	40.00m
2	Farrugia, Jonny	15	Penrith AC	31.29m
3	Peard, Sean	15	St Peters B	28.41m

Event 76 Boys 16 Year Olds Shot 5kg (3)

	Name	Age	Team	Seed Mark
1	Bronger, Zain	16	Amity Colleg	12.55m
2	Constable, James	16	St Columba	12.50m
3	Godwin, Nicholas	16	Penrith AC	11.11m

Event 77 Boys 13 Year Olds High SH 1.35m (3)

	Name	Age	Team	Seed Mark
1	Watkins, Joshua	13	Macarthur AS	1.58m
2	Makkouk, Adam	13	Aia	1.53m
3	McCourt, Dominic	13	Spcc Newcastle	1.50m

Event 78 Boys 17 Year Olds High SH 1.70m (2)

	Name	Age	Team	Seed Mark
1	Scrivener, Lincoln	17	Arden	1.86m
2	Grant, Liam	17	Rouse Hill	1.77m

Event 79 Boys 12 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Portelli, Leo	12	Georges River Gr	2:33.95
2	Freeman, Alexander	12	Reddam House	2:34.36
3	Bates, Hudson	12	St. Lukes GS	2:35.44

Event 80 Boys 13 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	West, Zachary	13	Bishop Tyrrell	2:15.22
2	Te Raki-Pitfield, Zac	13	Manning Valley	2:18.14
3	Stokes, Jordan	13	Bishop Tyrrell	2:19.56

Event 81 Boys 14 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Lewis, Nathan	14	Avondale	2:13.47
2	Thirlwall, Hugh	14	Nowra AC	2:14.02
3	Fletcher, Liam	14	Manning Valley	2:16.24

Event 82 Boys 15 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Krayem, Zane	15	Alpha Omega	2:06.14
2	Speechly, Josh	15	Spcc Cessnock	2:08.92
3	Whiteley, Christopher	15	Northholm	2:10.62

Event 83 Boys 16 Year Olds 800 Meter (3)

	Name	Age	Team	Seed Time
1	Nkanyezi, Joseph	16	Rouse Hill	1:59.92
2	Mitchell, Michael	16	The Ilawarra GS	2:04.75
3	Hopkins, Michael	16	St. Lukes GS	2:11.13

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	Name	Age	Team	Seed Time
1	Howieson, Oliver	17	Pittwater	1:59.10
2	Hawkins, Jack	17	Avondale	2:05.75
3	Astill, Jake	17	Arndell	2:07.28

Event 85 Boys 18+ 800 Meter (3)

	Name	Age	Team	Seed Time
1	Leary, William	18	Avondale	2:05.23
2	Welsh, Jack	18	Newcastle Gramm	2:07.67
3	Baxter, Oliver	18	Nowra AC	2:11.00

Event 86 Girls 12 Year Olds Shot 3kg (3)

	Name	Age	Team	Seed Mark
1	Kasprowicz, Billie	12	Pittwater	8.78m
2	Simmons, Zoe	12	Pittwater	8.52m
3	Katalinic, Sarina	12	Central Coast Ad	8.45m

Event 87 Girls 12-19 Shot Para Athlete (2)

	Name	Age	Team	Seed Mark
1	Mildwater Tf38, Holly	13	St. Lukes GS	7.91m
2	Linsley Tf20, Ellie	15	Shellharbour Ang	6.56m

Event 88 Girls 14 Year Olds Shot 3kg (3)

	Name	Age	Team	Seed Mark
1	Ohunayo, Iremide	14	Penrith AC	10.35m
2	Wade, Makayla	14	St Peters B	9.36m
3	Potter, Mikayla	14	Manning Valley	9.32m

Event 89 Girls 18-19 High SH 1.50m (2)

	Name	Age	Team	Seed Mark
1	Sykes, Ava	18	Hunter Valley GS	1.38m
2	Hourigan Carrera, Zaniah	18	Shellharbour Ang	1.25m

Event 90 Girls 15 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Patmore, Sarah	15	Newcastle Gramm	5.16m
2	Paki, Summer	15	Arndell	5.01m
3	Atkins, Rose	15	Nowra AC	4.95m

Event 91 Boys 17 Year Olds Long Jump (2)

	Name	Age	Team	Seed Mark
1	Nagy, Ike	17	Pittwater	5.85m
2	Kim, Noah	17	Redfield	5.55m

Event 92 Girls 16 Year Olds Discus 1kg (3)

	Name	Age	Team	Seed Mark
1	Ringbauer, Louise	16	Arndell	39.13m
2	West, Isabella	16	William Clarke	26.16m
3	Pellizzeri, Evangelina	16	Thomas Hassall A	23.67m

Event 93 Boys 12 Year Olds Discus 750g (3)

	Name	Age	Team	Seed Mark
1	Lowe, Tomasi	12	Pittwater	20.10m
2	Hou, Xinyi	12	Northholm	19.48m
3	O'Sullivan, Oliver	12	Nowra AC	18.99m

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Event 94 Girls 17 Year Olds Jav 500gms (3)

	Name	Age	Team	Seed Mark
1	Harland, Camryn	17	Georges River Gr	45.62m
2	Guy, Amelia	17	Montgrove Colleg	26.19m
3	Trembath, Keira	17	St Peters B	14.95m

Event 95 Girls 13 Year Olds Jav 400gms (3)

	Name	Age	Team	Seed Mark
1	Munkman, Emily	13	Central Coast Ad	23.74m
2	Baker, Brooklyn	13	Arndell	22.42m
3	Butler, Cadence	13	St Peters B	21.64m

Event 96 Girls 12 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Wright, Grace	12	St. Lukes GS	14.04
2	Ram, Asha	12	Thomas Hassall A	14.19
3	Marais, Siana	12	Scone GS	14.37

Event 97 Girls 13 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Barnes, Elara	13	Spcc Port Stephe	12.67
2	Perry, Emily	13	Macarthur AS	12.97
3	Smith, Peyton	13	Heritage LM	13.03

Event 98 Girls 14 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Chukwudi, Divine	14	Thomas Hassall A	12.31
2	Oliver, Lila	14	Northholm	13.01
3	Babic, Loralye	14	Macquarie Col	13.14

Event 99 Girls 15 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Tai, Madeleine	15	Orange Anglican	12.89
2	Paki, Summer	15	Arndell	13.01
3	Paige, Mennie	15	Scone GS	13.20

Event 100 Girls 16 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Hewitt, Maiya	16	Shellharbour Ang	12.44
2	Cowper, Flynn	16	Rouse Hill	13.03
3	Evans, Isabella	16	Wollondilly AC	13.17

Event 101 Girls 17 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Cookman, Leah	17	Newcastle Gramm	13.46
2	Dionysopoulos, Alannah-Faitl	17	All Saints Gramm	13.77
3	Holden, Stephanie	17	Hunter Valley GS	13.80

Event 102 Girls 18-19 100 Meter (1)

	Name	Age	Team	Seed Time
1	Hewitt, Ella	18	Shellharbour Ang	12.77

Event 103 Girls 12-19 100 Meter Para Athlete (3)

	Name	Age	Team	Seed Time
1	Linsley Tf20, Ellie	15	Shellharbour Ang	15.18
2	Peet Tf36, Abbie	17	Calrossy	16.41
3	Mildwater Tf38, Holly	13	St. Lukes GS	19.32

Event 104 Girls 15 Year Olds Discus 1kg CA (3)

	Name	Age	Team	Seed Mark
1	Williams, Charlotte	15	Calrossy	33.40m
2	Paki, Summer	15	Arndell	27.30m
3	Hanson, Ashlyn	15	Heritage LM	24.87m

Event 105 Girls 18-19 Long Jump (2)

	Name	Age	Team	Seed Mark
1	Hewitt, Ella	18	Shellharbour Ang	4.90m
2	Folagbade, Oluwatoyosi	18	William Clarke	4.43m

Event 106 Boys 17 Year Olds Triple (1)

	Name	Age	Team	Seed Mark
1	McLaughlin, Fraser	17	Spcc Cessnock	11.73m

Event 107 Boys 18-19 Triple (2)

	Name	Age	Team	Seed Mark
1	Boccaletti, Marco	18	Hills Adv	12.11m
2	Cansdale, Braeden	18	William Clarke	11.69m

Event 108 Boys 14 Year Olds Shot 4kg (3)

	Name	Age	Team	Seed Mark
1	Ritchie, Caleb	14	Penrith AC	11.32m
2	Buttle, Samuel	14	St Columba	10.93m
3	Bronger, Noah	14	Amity Colleg	10.60m

Event 109 Boys 15 Year Olds Shot 4kg (3)

	Name	Age	Team	Seed Mark
1	Crosdale, Myles	15	Spcc Cessnock	13.54m
2	Laing, Samuel	15	Spcc Newcastle	12.62m
3	Gray, Ethan	15	Shellharbour Ang	11.32m

Event 110 Boys 17 Year Olds Jav 700gms (2)

	Name	Age	Team	Seed Mark
1	Billingsley, Justin	17	Northholm	56.46m
2	Alloggia, Marcus	17	Redfield	35.28m

Event 111 Girls 16 Year Olds High SH 1.45m (3)

	Name	Age	Team	Seed Mark
1	Waerea, Gabby	16	Newcastle Gramm	1.53m
2	Mitchell, Olivia	16	Central Coast Ad	1.50m
3	Simpson, Bronte	16	Rouse Hill	1.45m

Event 112 Boys 12-19 100 Meter Para Athlete (3)

	Name	Age	Team	Seed Time
1	Evans Tf13, Alexander	16	Arden	13.71
2	Woodfull Tf36, Lachlan	18	Bishop Tyrrell	16.79
3	Kasprzak Tf37, Hugo	13	Hills Grammar	18.29

Event 113 Boys 12 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Lagoke, Emilayo	12	Broughton AC	12.94
2	Bhandari, Safal	12	Marsden Park	13.40
3	Igbenije, Jason	12	Calrossy	13.79

Event 114 Boys 13 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Issa, Zachariah	13	Georges River Gr	12.51

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2	Rendell, Nash	13	Shellharbour Ang	12.73
3	Carey, Ted	13	Macquarie Anglic	12.79

Event 115 Boys 14 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Gadou, Mohamad	14	Amity Colleg	11.30
2	Bailey, Zac	14	Calrossy	11.88
3	Hammond, Timothy	14	Penrith AC	12.07

Event 116 Boys 15 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Glanville, Harvey	15	Pittwater	11.64
2	Neville, Hudson	15	Spcc Cessnock	11.71
3	Willmington, Jaxson	15	Penrith AC	11.76

Event 117 Boys 16 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Nazari, Elyas	16	Malek Fahd Colle	11.44
2	Noonan, William	16	Newcastle Gramm	11.52
3	Nicholls, Max	16	Georges River Gr	11.62

Event 118 Boys 17 Year Olds 100 Meter (3)

	Name	Age	Team	Seed Time
1	Veljanovski, Jonathan	17	Thomas Hassall A	10.92
2	Hughes, Max	17	Goal College	11.33
3	Agbola, Senyo	17	Spcc Newcastle	11.47

Event 119 Boys 18-19 100 Meter (2)

	Name	Age	Team	Seed Time
1	Soden, William	18	Spcc Cessnock	11.32
2	Osborn, Levi	18	CC Sports Colleg	11.33

Event 120 Boys 14 Year Olds High SH 1.35m (3)

	Name	Age	Team	Seed Mark
1	Murphy, Kash	14	Spcc Cessnock	1.78m
2	Fordham, Jacob	14	Macquarie Anglic	1.71m
3	Blue, Dylan	14	Medowie CS	1.65m

Event 121 Boys 16 Year Olds High SH 1.60m (3)

	Name	Age	Team	Seed Mark
1	Thompson, Brayden	16	Rouse Hill	1.80m
2	Lill, Isaac	16	St. Lukes GS	1.73m
3	Longhurst, Jamie	16	Arndell	1.73m

Event 122 Girls 15 Year Olds Triple (3)

	Name	Age	Team	Seed Mark
1	Paki, Summer	15	Arndell	10.28m
2	Patmore, Sarah	15	Newcastle Gramm	10.13m
3	Chalmers, Kyah	15	Lakes GS	9.96m

Event 123 Girls 16 Year Olds Triple (3)

	Name	Age	Team	Seed Mark
1	Hewitt, Maiya	16	Shellharbour Ang	11.20m
2	Hall, Zara	16	St Peters B	9.80m
3	Cowper, Flynn	16	Rouse Hill	9.77m

Event 124 Boys 13 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Issa, Zachariah	13	Georges River Gr	4.91m

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Event 124 ... (Boys 13 Year Olds Long Jump (3))

	Name	Age	Team	Seed	Mark
2	Roy Choudhury Konkai, Mah	13	Nowra AC		4.69m
3	Wu, Yuntian	13	Northholm		4.62m

Event 125 Girls 14 Year Olds Discus 1kg Moved (3)

	Name	Age	Team	Seed	Mark
1	Leach, Dakota	14	Manning Valley		21.47m
2	Thomas, Sophie	14	Avondale		21.45m
3	Ohunayo, Iremide	14	Penrith AC		19.88m

Event 126 Girls 17 Year Olds Discus 1kg (3)

	Name	Age	Team	Seed	Mark
1	Hancock, Alice	17	St. Lukes GS		23.95m
2	Brice, Amelia	17	William Clarke		23.73m
3	Harland, Camryn	17	Georges River Gr		22.64m

Event 127 Boys 18-19 Jav 800gms (3)

	Name	Age	Team	Seed	Mark
1	Eksteen, Ruann	18	Pittwater		48.64m
2	Burns, Adrian	18	Redeemer Baptist		37.23m
3	Unwin, Asher	18	Heritage Syd		33.49m

Event 128 Boys 13 Year Olds Jav 600gms (3)

	Name	Age	Team	Seed	Mark
1	Malizis, Tyler	13	Georges River Gr		30.62m
2	Hardy, Daniel	13	International		27.74m
3	McGuigan, Flynn	13	Heritage Syd		26.64m

Event 129 Girls 12 Year Olds 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	Dziubinski, Annie	12	Nowra AC		5:02.86
2	Marshall, Hayley	12	Pittwater		5:21.65
3	Hartmann, Lucy	12	Reddam House		5:25.09

Event 130 Girls 13 Year Olds 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	Prime, Savannah	13	Rouse Hill		4:57.98
2	Corbett, Jasmine	13	The llawarra GS		5:14.94
3	Woolley, Sienna	13	Nowra AC		5:20.06

Event 131 Girls 14 Year Olds 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	Tague, Alexis	14	St. Lukes GS		4:44.25
2	Crawford, Lana	14	Nowra AC		5:04.83
3	Waterson, Rose	14	St Peters B		5:27.65

Event 132 Girls 15 Year Olds 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	Bennett, Aliyah	15	William Clarke		4:52.16
2	Jurd, Lucy	15	Orange Anglican		4:58.54
3	Hussein, Hannah	15	William Clarke		5:37.45

Event 133 Girls 16 Year Olds 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	McCourt, Kiara	16	Spcc Newcastle		5:18.20
2	Loring, Jessica	16	William Clarke		5:30.26
3	Haifa, Taylor Jane	16	Tangara		5:45.80

Event 134 Girls 17 Year Olds 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	Cohen, Matilda	17	Central Coast Ad		5:17.45
2	Clarke, Sonya	17	William Clarke		5:17.92
3	Tanna, Clare	17	Tangara		5:38.40

Event 135 Girls 18-19 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	Norden, Lilah	18	Shellharbour Ang		5:44.97
2	Fry, Rachel	18	Arden		6:44.16
3	D Souza, Erene	18	Tangara		7:18.88

Event 136 Boys 15 Year Olds Discus 1kg CA (3)

	Name	Age	Team	Seed	Mark
1	Laing, Samuel	15	Spcc Newcastle		51.12m
2	Moore, Lachlan	15	Spcc Gosford		49.73m
3	Robertson, Jayden	15	Wollondilly AC		33.78m

Event 137 Mixed 12-19 Discus MC Event Mo (5)

	Name	Age	Team	Seed	Mark
1	Evans Tf13, Alexander	M16	Arden		19.74m
2	Kasprzak Tf37, Hugo	M13	Hills Grammar		18.23m
3	Linsley Tf20, Ellie	W15	Shellharbour Ang		17.56m
4	Zinsli T/F43, Benjamin	M16	Spcc Gosford		15.28m
5	Mildwater Tf38, Holly	W13	St. Lukes GS		13.03m

Event 138 Boys 16 Year Olds Long Jump (3)

	Name	Age	Team	Seed	Mark
1	Constable, James	16	St Columba		6.08m
2	Ardus, Lukas	16	Pittwater		5.92m
3	Noonan, William	16	Newcastle Gramm		5.79m

Event 139 Boys 13 Year Olds Triple (2)

	Name	Age	Team	Seed	Mark
1	Astin-briggs, Joshua	13	Nowra AC		9.59m
2	Sadler, James	13	Thomas Hassall A		9.19m

Event 140 Boys 14 Year Olds Triple (3)

	Name	Age	Team	Seed	Mark
1	Hammond, Timothy	14	Penrith AC		11.93m
2	Ritchie, Caleb	14	Penrith AC		10.80m
3	Joachim, Zachery	14	William Clarke		9.92m

Event 141 Boys 12 Year Olds Jav 600g (3)

	Name	Age	Team	Seed	Mark
1	Stone, Harrison	12	Arndell		20.76m
2	Alkhoury, Suhail Luca	12	Georges River Gr		20.72m
3	Bamidele, Tore	12	Macarthur AS		18.71m

Event 142 Girls 12 Year Olds Jav 400g (3)

	Name	Age	Team	Seed	Mark
1	Stone, Molly	12	Manning Valley		20.24m
2	Cross, Alexia	12	Rouse Hill		16.06m
3	Johnson, Olivia	12	St. Lukes GS		15.95m

Event 143 Boys 12 Year Olds 1500 Meter (3)

	Name	Age	Team	Seed	Time
1	Portelli, Leo	12	Georges River Gr		5:15.68

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Event 143 Boys 12 Year Olds 1500 Meter (3)

Name	Age	Team	Seed Time
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Event 143 ...(Boys 12 Year Olds 1500 Meter (3))

Name	Age	Team	Seed Time
2 Reid, William	12	The llawarra GS	5:16.36
3 Bates, Hudson	12	St. Lukes GS	5:25.79

Event 144 Boys 13 Year Olds 1500 Meter (3)

Name	Age	Team	Seed Time
1 West, Zachary	13	Bishop Tyrrell	4:38.67
2 Wawrzonek, Hugo	13	Macquarie Col	4:39.82
3 Te Raki-Pitfield, Zac	13	Manning Valley	4:51.49

Event 145 Boys 14 Year Olds 1500 Meter (3)

Name	Age	Team	Seed Time
1 Lewis, Nathan	14	Avondale	4:34.30
2 Thirlwall, Hugh	14	Nowra AC	4:42.50
3 Wegener, Isaac	14	Hills Adv	4:45.12

Event 146 Boys 15 Year Olds 1500 Meter (3)

Name	Age	Team	Seed Time
1 Krayem, Zane	15	Alpha Omega	4:16.22
2 Lloyd Jones, Monty	15	St Peters B	4:23.92
3 Lorentz, Logan	15	Central Coast Ad	4:25.86

Event 147 Boys 16 Year Olds 1500 Meter (3)

Name	Age	Team	Seed Time
1 Bregozzo, Max	16	Pittwater	4:15.85
2 Mitchell, Michael	16	The llawarra GS	4:19.37
3 Lake, Aston	16	Reddam House	4:22.89

Event 148 Boys 17 Year Olds 1500 Meter (3)

Name	Age	Team	Seed Time
1 Howieson, Oliver	17	Pittwater	4:19.07
2 Syme, Luke	17	Avondale	4:19.87
3 Persen, Joshua	17	Broughton AC	4:23.37

Event 149 Boys 18-19 1500 Meter (3)

Name	Age	Team	Seed Time
1 Stoneham, Sam	18	Penrith AC	4:40.04
2 McMillan, Julian	18	Arden	4:58.54
3 Isade, Ihab	19	Amity Colleg	5:08.89

Event 150 Girls 13 Year Olds High SH 1.25m (3)

Name	Age	Team	Seed Mark
1 Gidley-Baird, Erica	13	Calrossy	1.51m
2 Rudomino, Carmen	13	St. Lukes GS	1.46m
3 Merchant, Lucy	13	Wollondilly AC	1.35m

Event 151 Girls 17 Year Olds High SH 1.50m (3)

Name	Age	Team	Seed Mark
1 Jurd, Milla	17	Orange Anglican	1.49m
2 Buckley, Ava	17	Wollondilly AC	1.46m
3 Norton, Ana	17	Thomas Hassall A	1.40m

Event 152 Girls 15 Year Olds Shot 3kg (3)

Name	Age	Team	Seed Mark
1 Paki, Summer	15	Arndell	10.14m
2 Durie, Alaska	15	Reddam House No	9.63m
3 Hanson, Ashlyn	15	Heritage LM	9.38m

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Event 153 Girls 18-19 Shot 4kg (3)

	Name	Age	Team	Seed Mark
1	Hreszczuk, Lily	18	Macarthur AS	12.09m
2	Hollyoak, Tara	18	St. Lukes GS	11.40m
3	Beddoes-Clarke, Rose	18	Spcc Cessnock	8.88m

Event 154 Girls 12 Year Olds Discus 750g (3)

	Name	Age	Team	Seed Mark
1	Simmons, Zoe	12	Pittwater	27.09m
2	Wooster-Apiata, Millicent (M	12	Shellharbour Ang	22.65m
3	Katalinic, Sarina	12	Central Coast Ad	20.52m

Event 155 Girls 14 Year Olds Jav 500gms (3)

	Name	Age	Team	Seed Mark
1	Bourke, Emma	14	Manning Valley	26.81m
2	Caines, Ella	14	William Clarke	22.84m
3	Parsons, Mia	14	Spcc Cessnock	21.82m

Event 156 Boys 12 Year Olds Triple

	Name	Age	Team	Seed Mark
---	No entries for this event			

Event 157 Girls 12 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Purdy, Scarlett	12	Pittwater	1:06.61
2	Wright, Grace	12	St. Lukes GS	1:08.75
3	Marshall, Hayley	12	Pittwater	1:09.88

Event 158 Girls 13 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Pickup, Valerie	13	Pittwater	59.93
2	Cooney, Bella	13	Wollondilly AC	1:02.24
3	Norrie, Lily	13	St Peters B	1:04.07

Event 159 Girls 14 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Cooney, Drew	14	Wollondilly AC	58.79
2	Webb, Alicia	14	Broughton AC	59.80
3	Babic, Loralye	14	Macquarie Col	1:03.87

Event 160 Girls 15 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	O'Connell, Isabel	15	Calrossy	1:01.36
2	Kinder, Lexi	15	Hunter Valley GS	1:01.74
3	Atkins, Rose	15	Nowra AC	1:02.82

Event 161 Girls 16 Year Olds 400 Meter (2)

	Name	Age	Team	Seed Time
1	Hill, Alice	16	Newcastle Gramm	55.80
2	Hewitt, Maiya	16	Shellharbour Ang	57.14

Event 162 Girls 17 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Puri, Isla	17	Penrith AC	1:02.68
2	Jurd, Milla	17	Orange Anglican	1:03.61
3	Vlahonikolou, Rose	17	All Saints Gramm	1:06.43

Event 163 Girls 18-19 400 Meter (1)

	Name	Age	Team	Seed Time
1	Hewitt, Ella	18	Shellharbour Ang	59.24

Event 164 Girls 12 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Marais, Siana	12	Scone GS	4.38m
2	Anson, Molly	12	Macquarie Anglic	4.04m
3	Reidy, Storm	12	St Peters B	3.80m

Event 165 Girls 13 Year Olds Triple (3)

	Name	Age	Team	Seed Mark
1	Perry, Emily	13	Macarthur AS	10.02m
2	Rudomino, Carmen	13	St. Lukes GS	9.46m
3	Roessler, Lotte	13	Pittwater	9.17m

Event 166 Girls 14 Year Olds Triple (3)

	Name	Age	Team	Seed Mark
1	Loring, Olivia	14	William Clarke	10.78m
2	Waide, Josie	14	Spcc Port Stephe	10.28m
3	Paul, Michiko	14	Hills Grammar	9.71m

Event 167 Boys 12 Year Olds High SH 1.30m (3)

	Name	Age	Team	Seed Mark
1	Lagoke, Emilayo	12	Broughton AC	1.47m
2	Keogh, Jack	12	St Columba	1.44m
3	Chong, Jeffrey	12	McDonald Col	1.41m

Event 168 Boys 16 Year Olds Jav 700gms (3)

	Name	Age	Team	Seed Mark
1	Andrews, Caden	16	Hunter Valley GS	63.75m
2	Thompson, Brayden	16	Rouse Hill	44.23m
3	Simmons, Luka	16	Pittwater	42.30m

Event 169 Boys 17 Year Olds Discus 1.5kg (3)

	Name	Age	Team	Seed Mark
1	Billingsley, Justin	17	Northholm	34.31m
2	Clark, Isaac	17	Avondale	28.60m
3	Alloggia, Marcus	17	Redfield	26.93m

Event 170 Boys 18-19 Shot 6kg (3)

	Name	Age	Team	Seed Mark
1	Soden, William	18	Spcc Cessnock	13.06m
2	Rahman, Hamza	18	Unity Gramma	10.90m
3	Chrystall, Thomas	19	Macquarie Anglic	ND

Event 171 Boys 12 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Patil, Kartik	12	Redeemer Baptist	1:05.62
2	Bates, Hudson	12	St. Lukes GS	1:06.03
3	Igbenije, Jason	12	Calrossy	1:06.47

Event 172 Boys 13 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Londono, Matias	13	Thomas Hassall A	59.01
2	Goldie, Joshua	13	Hunter Valley GS	1:00.55
3	Issa, Zachariah	13	Georges River Gr	1:01.74

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Event 173 Boys 14 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Bailey, Zac	14	Calrossy	52.50
2	Hammond, Timothy	14	Penrith AC	56.34
3	Menon, Ashan	14	Reddam House	56.45

Event 174 Boys 15 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Speechly, Josh	15	Spcc Cessnock	54.01
2	Glanville, Harvey	15	Pittwater	55.97
3	Sommerville, Joe	15	The llawarra GS	56.28

Event 175 Boys 16 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Lewis, Caleb	16	Central Coast Ad	50.95
2	Nkanyezi, Joseph	16	Rouse Hill	53.17
3	Kirtley, Cooper	16	Hunter Valley GS	55.35

Event 176 Boys 17 Year Olds 400 Meter (3)

	Name	Age	Team	Seed Time
1	Martinez, Sol	17	Georges River Gr	54.74
2	Wright, Jaxon	17	Avondale	54.76
3	Kumar, Rithvik	17	Redeemer Baptist	55.04

Event 177 Boys 18-19 400 Meter (3)

	Name	Age	Team	Seed Time
1	Brown, Leo	18	Pittwater	51.90
2	Boccaletti, Marco	18	Hills Adv	53.44
3	Wilding, Kirby	18	CC Sports Colleg	53.80

Event 178 Girls 13 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	Perry, Emily	13	Macarthur AS	4.76m
2	Rudomino, Carmen	13	St. Lukes GS	4.65m
3	Williams, Amelia	13	Calrossy	4.58m

Event 179 Girls 17 Year Olds Long Jump (3)

	Name	Age	Team	Seed Mark
1	McKensey, Annabel	17	Newcastle Gramm	4.81m
2	Cookman, Leah	17	Newcastle Gramm	4.22m
3	Vlahonikolou, Rose	17	All Saints Gramm	3.75m

Event 180 Girls 14 Year Olds High SH 1.30m (3)

	Name	Age	Team	Seed Mark
1	Harris, Ella	14	St Peters B	1.62m
2	Loring, Olivia	14	William Clarke	1.49m
3	Waide, Josie	14	Spcc Port Stephe	1.40m

Event 181 Girls 15 Year Olds Jav 500gms (3)

	Name	Age	Team	Seed Mark
1	Knox, Annabelle	15	St Columba	32.16m
2	Peard, Emma	15	St Peters B	22.98m
3	Williams, Charlotte	15	Calrossy	22.40m

Event 182 Girls 18-19 Discus 1kg (3)

	Name	Age	Team	Seed Mark
1	Beddoes-Clarke, Rose	18	Spcc Cessnock	27.96m
2	Hollyoak, Tara	18	St. Lukes GS	26.11m

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Event 182 ... (Girls 18-19 Discus 1kg (3))			
Name	Age	Team	Seed Mark
3 Nicholls, Claire	18	Penrith AC	20.81m

Event 183 Girls 16 Year Olds Shot 3kg (3)			
Name	Age	Team	Seed Mark
1 West, Isabella	16	William Clarke	11.00m
2 Considine, Ruby	16	Nowra AC	10.41m
3 Evans, Isabella	16	Wollondilly AC	9.34m

Event 184 Girls 12 Year Olds Triple			
Name	Age	Team	Seed Mark
--- No entries for this event			

Event 185 Girls 14 & Under 4x100 Meter Relay (3)		
Team	Relay	Seed Time
1 Spcc Cessnock	A	54.06
1) Collins, Ivy 13	2) Peterson, Hannah 14	
3) Polglase, Harper 14	4) Meyers, Ruby 14	
2 St Peters B	A	54.64
1) Norrie, Lily 13	2) Butler, Cadence 13	
3) Bindon, Ruby 14	4) Minihan, Maizi 14	
3 William Clarke	A	55.29
1) Buckley, Emma 14	2) Kearney, Portia 14	
3) Kearney, Darcie 12	4) Loring, Olivia 14	

Event 186 Boys 14 & Under 4x100 Meter Relay (3)		
Team	Relay	Seed Time
1 Calrossy	A	48.52
1) Liew, Michael 14	2) Bailey, Zac 14	
3) Tarratt, Lachlan 14	4) Raines, Jeremiah 14	
2 Spcc Port Stephe	A	50.66
1) Stratilas, Rhys 14	2) Perekovic, Mike 14	
3) Mason, Tyler 14	4) Browne, Archie 14	
3 Penrith AC	A	50.97
1) Godwin, Alexander 13	2) Murphy, Kellan 14	
3) Ritchie, Caleb 14	4) Hammond, Timothy 14	

Event 187 Girls 4x100 Meter Relay Open (3)		
Team	Relay	Seed Time
1 Newcastle Gramma	A	50.34
1) Waerea, Gabby 16	2) Patmore, Sarah 15	
3) Hill, Alice 16	4) Richardson, Evelyn 15	
2 Shellharbour Ang	A	50.90
1) Reitze, Jessica 14	2) Hewitt, Maiya 16	
3) Tosevic, Imogen 13	4) Hewitt, Ella 18	
3 St. Lukes GS	A	52.82
1) Hollyoak, Tara 18	2) Dominic, Lara 15	
3) Furlong, Alexi 18	4) Thomson, Elise 16	

Event 188 Boys 4x100 Meter Relay Open (3)		
Team	Relay	Seed Time
1 Arndell	A	45.64
1) Truelove, Freddie 18	2) Longhurst, Jamie 16	
3) Manyere, Derek 16	4) Smith, Denny 18	

2 Spcc Cessnock	A	46.49
1) Soden, William 18	2) Neville, Hudson 15	
3) Harris, Banjo 18	4) McLaughlin, Fraser 17	
3 St. Lukes GS	A	46.64
1) Hollyoak, Tyler 15	2) Jenkins, Thomas 18	
3) Chriss, Ethan 16	4) Wysman, Levi 18	